

SHe-Box: Your Tool for Safety at the Workplace

Register complaints regarding sexual harassment at workplace easily and securely online

What is SHe-Box?

SHe-Box (Sexual Harassment electronic Box) is an online complaint management system developed by Central Administrative Tribunal.

Who can file a complaint?

Any aggrieved woman including regular employees, advocates, litigant, interns, trainees, volunteers or domestic workers etc. facing sexual harassment at workplace.



Steps to File a Complaint:

1. Visit the official website "cgat.gov.in" of CAT
2. Select the "Select Bench" TAB for choosing the concerned Bench.
3. Go to the "Other Links" & Select "SHe-Box" TAB.
4. Fill in the required particulars and click to submit the form.

What happens after filing a complaint?

The complainant gets a confirmation email and 'SMS' for maintaining confidentiality under **POSH Act 2013**. Complainant can check the status using complaint number and mobile number.